

Trainer: Monika Maria Thiel

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## Agenda “Fit for Leadership?!”

October 10, 2024

Time	Content
09:00-12:30	<b>Module 1</b> <ul style="list-style-type: none"><li>▪ Introduction and icebreaker</li><li>▪ Leadership tasks and instruments</li><li>▪ Theory X and Y, motivators, hygiene factors</li><li>▪ Transactional and transformational leadership</li></ul>

13:30-17:00	<b>Module 2</b> <ul style="list-style-type: none"><li>▪ Situational leadership</li><li>▪ Remote leadership</li><li>▪ Collaborative leadership</li><li>▪ Leading in the VUCA world</li><li>▪ Gains and losses coming with a leading role</li><li>▪ Team development stages and team roles</li><li>▪ Transfer: leadership, team phases and roles</li><li>▪ Elements of high performance teams</li></ul>
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## Agenda “Fit for Leadership?!“

October 11, 2024

Time	Content
09:00-12:30	<p><b>Module 3</b></p> <ul style="list-style-type: none"> <li>■ Lead yourself:               <ul style="list-style-type: none"> <li>◆ Leadership attitude</li> <li>◆ Planning and prioritizing your own and the team’s tasks with Kanban</li> <li>◆ Building confidence and resilience - staying in balance</li> <li>◆ Reflecting on own strengths (test)</li> </ul> </li> <li>■ Communicate effectively in a leading role</li> <li>■ Meeting culture including tips for remote team meetings</li> </ul>
13:30-16:00	<p><b>Module 4</b></p> <ul style="list-style-type: none"> <li>■ Understand differences in people (Riemann model)</li> <li>■ Deal with emotions (own and others’) and lead by example</li> <li>■ Build trust through listening, empathy, encouragement and feedback</li> <li>■ Dos and Don’ts leading a team</li> <li>■ How do I know I am good at leading</li> <li>■ Summary and feedback</li> </ul>